



# MENU



DECEMBER

## Waterville TK-12Menu

<b>Breakfast</b> WG Bagel & Cream Cheese or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Teriyaki Dippers with Brown Rice & Carrots or Salad Bar, Fruit Variety, Milk	02	<b>Breakfast</b> WG Biscuits & Gravy or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Mac & Cheese with Breadstick & Broccoli or Salad Bar, Fruit Variety, Milk	03	<b>Breakfast</b> WG Blueberry Muffin or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Chicken Parmesan with WG Roll & Green Beans or Salad Bar, Fruit Variety, Milk	04	<b>Breakfast</b> WG French Toast & Yogurt or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Cheese Pizza with Black Bean Corn Medley & Sunchips or Salad Bar, Fruit Variety, Milk	05	No School Today	06
<b>Breakfast</b> WG Pancakes & Yogurt or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Beef Spaghetti with Garlic Bread & Green Beans or Salad Bar, Fruit Variety, Milk	09	<b>Breakfast</b> Fruit Parfait with Granola or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Hotdog with Chili & Corn or Salad Bar, Fruit Variety, Milk	10	<b>Breakfast</b> Egg & Cheese Sandwich or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Chicken Teriyaki with Brown Rice & Peas or Salad Bar, Fruit Variety, Milk	11	<b>Breakfast</b> WG Blueberry Muffin or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Hamburger or Fish Burger with French Fries & Carrots or Salad Bar, Fruit Variety, Milk	12	No School Today	13
<b>Breakfast</b> WG Bagel & Cream Cheese or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Chicken Nuggets with Jo-Jo's & Corn or Salad Bar, Fruit Variety, Milk	16	<b>Breakfast</b> WG Biscuits & Gravy or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Beef Burritos with Baked Beans & Tortilla Chips or Salad Bar, Fruit Variety, Milk	17	<b>Breakfast</b> WG Pancakes & Yogurt or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Holiday Feast: Ham/Mashed Potatoes & Gravy/Yams or Salad Bar, Fruit Variety, Milk	18	<b>Breakfast</b> WG French Toast or Cereal, Fruit Variety, Juice, Milk <b>Lunch</b> Pepperoni Pizza with Carrots & Sunchips or Salad Bar, Fruit Variety, Milk	19	No School Today	20
 Enjoy Winter Break!	23		24	 Merry - Christmas	25		26	No School Today	27
	30		31		01		02	No School Today	03

**SALAD BAR CYCLE MENU**  
 Caesar Salad with Dressing  
 Romaine Salad Mix with Color  
 Broccoli Florets  
 Cherry Tomatoes  
 Sliced Cucumbers  
 Apple/Orange/Pineapple Salad  
 Hard Boiled Eggs  
 Chilled Fruit  
 Fresh Seasonal Fruit

**SALAD BAR CYCLE MENU**  
 Macaroni Salad  
 Romaine Salad Mix with Color  
 Strawberry Spinach Salad  
 Orange & Red Pepper Strips  
 Jicama Strips  
 Corn & Black Bean Salad  
 Shredded Cheddar Cheese  
 Chilled Fruit  
 Fresh Seasonal Fruit

**SALAD BAR CYCLE MENU**  
 German Potato Salad  
 Romaine Salad Mix with Color  
 Broccoli Florets  
 Baby Carrots  
 Sweet Peas  
 Dried Fruit Medley  
 Cottage Cheese  
 Chilled Fruit  
 Fresh Seasonal Fruit

**SALAD BAR CYCLE MENU**  
 Confetti Slaw  
 Romaine Salad Mix with Color  
 Spinach & kale Salad  
 Cauliflower Florets  
 Sweet Corn  
 Sliced Zucchini  
 Citrus Garbanzo Salad  
 Chilled Fruit  
 Fresh Seasonal Fruit

